

AREA AGENCIES ON AGING  
ASSOCIATION OF MICHIGAN

PRESENTS THE

# OUR VISION IS 2020

22ND  
ANNUAL  
CONFERENCE

MAY 21 & 22, 2009

KELLOGG HOTEL AND CONFERENCE CENTER  
MICHIGAN STATE UNIVERSITY  
EAST LANSING

*YOU ARE CORDIALLY INVITED . . .*

to the 22nd Annual AAAAM Conference, designed to meet the training needs of professionals working with older adults and people with disabilities. This invitation features a summary of the program, including 4 general sessions and 20 workshops. Continuing education credits are pending for social workers, adult foster care owners and administrators, and nursing home administrators.

This continuing nursing education activity was approved by Michigan Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

You can attend one day or both days, with registrations accepted on a first-come, first-served basis. Call the Kellogg Hotel at 1-800-875-5090 by April 20 to make your room reservation. A special \$94 single/double rate is available—mention our conference.

PROGRAM AT A GLANCE

Thursday, May 21

8:00— 9:00am Registration & continental breakfast  
9:00—10:30am Keynote: Attorney General Michael Cox  
11:00—12:30pm Workshops  
12:30— 2:30pm Luncheon: Great Relationships by PHI  
2:30— 4:00pm Workshops

Friday, May 22

8:00— 9:00am Registration & continental breakfast  
9:00—10:30am Keynote: Sandy Markwood, N4A  
11:00—12:30pm Workshops  
12:30— 2:30pm Luncheon: Nursing Home Diversion  
2:30— 4:00pm Workshops

PLANNING COMMITTEE

Mary Ablan, MA, MSW, Area Agencies on Aging Association  
Carlton Nogle, LMSW, Tri-County Office on Aging  
Stephanie Ware, RN, BSN, MPA, Tri-County Office on Aging

## CONFERENCE AGENDA

Thursday, May 21

8:00-9:00 am Registration & continental breakfast

9:00-10:30 am Opening Session in Big Ten A&B

### PROTECTING OLDER CONSUMERS

Michael Cox, JD, Attorney General of Michigan, and staff

Michigan's chief law enforcement officer and his staff will talk about the top issues facing older consumers - quality long term care, affordable health care, utility costs, fraud, scams and exploitation.

11:00-12:30 pm Workshops

#### ■ DEVELOPING A PERSON-CENTERED APPROACH

Chris Hennessey, MA, Lansing Community College  
Al Swain, BA, Capital Area Center for Independent Living  
Will discuss differences between person-centered and traditional approaches, identify key elements of person-centeredness and describe how this knowledge changes the way you assist older adults and adults with disabilities. Will cover how language affects perceptions of people and becoming more disability-sensitive in the words we use.

#### ■ INTRODUCTION TO DEATH REVIEW BOARDS

Dean Sienko, MD, Chief Medical Officer, Ingham County  
Sergeant Traci Ruiz, MA, Lansing Police Department  
Donna Hobart, MA, Tri-County Office on Aging  
Learn about this innovative approach for detecting and prosecuting elder abuse in Ingham County.

#### ■ ISSUES IN SERVING GLBT SENIORS

Keith Morris, JD, MPA, Elder Law of Michigan  
This session will explore the unique issues facing gay, lesbian, bisexual and transgender seniors that providers need to know.

■ MEDICAID ELIGIBILITY FOR LONG TERM CARE-PART I

Doug Chalgian, JD, CELA, and Amy Tripp, JD  
Learn from top elder law experts about Medicaid eligibility rules for nursing facilities and MI Choice. Part I will cover income, assets and spousal protections.

■ COMMUNITY PARTNERSHIPS FOR SENIOR HEALTH

Linda Grap, BA, Senior Health Partners  
Karla Fales, BS, Region 3-B Area Agency on Aging  
Promoting senior health works best when it's a community effort. Hear the ins and outs of developing a partnership.

■ MICHIGAN'S GATEKEEPER PROGRAM

Deborah Harmon, Consumers Energy  
Cindy Albrecht, MA, Office of Services to the Aging  
Suzanne Filby-Clark, BA, Area Agency on Aging of Western Michigan  
Will outline the features of the Gatekeeper program, an 'eyes and ears' method of detecting problems and assisting older adults using Consumers Energy employees, and the role of Area Agencies on Aging in making this program successful.

12:30-2:30 pm Presentation and Lunch (included)

GREAT RELATIONSHIPS - THE HEART OF QUALITY  
LONG TERM CARE

Hollis Turnham, JD, Tameshia Bridges, MSW, Maureen Sheahan, BA, & Cean Eppelheimer, BS, PHI  
Judy Sivak, MSW, Region 3-A Area Agency on Aging  
Joyce Lovse, BA, Angelcare, Inc.  
Cheryl Lanier, Home Help provider  
James Kneen, MS, Heritage Community of Kalamazoo  
Scott Heinzman, State Organizer, ADAPT  
Hear how pioneering LTC providers have undertaken dramatic change to create cultures that honor and enhance each individual's quality of care and life.

2:30-4:00 pm Workshops

- **DEVELOPING A PERSON-CENTERED APPROACH** (repeat)  
Chris Hennessey, MA, Lansing Community College  
Al Swain, BA, Capital Area Center for Independent Living  
Will discuss differences between person-centered and traditional approaches, identify key elements of person-centeredness and describe how this knowledge changes the way you assist older adults and adults with disabilities. Will cover how language affects perceptions of people and becoming more disability-sensitive in the words we use.
- **LOCATING AFFORDABLE & ACCESSIBLE HOUSING**  
Nelson Grit, MA, Michigan Disability Rights Coalition  
Participants will be able to find housing using websites and agency resources, locate assistance for purchasing and maintaining property, and learn about grant opportunities for housing improvement.
- **BUILDING CONSENSUS FOR QUALITY IMPROVEMENT**  
Maureen Sheahan, BA, and Cean Eppelheimer, BS, PHI  
Leaders have the best intentions when they introduce change to improve performance, but they frequently find a good bit of resistance. This workshop will demonstrate techniques to encourage and focus participation so employees and other stakeholders support change.
- **MEDICAID ELIGIBILITY FOR LONG TERM CARE - PART II**  
Doug Chalgian, JD, CELA, and Amy Tripp, JD  
Learn from top elder law experts about Medicaid eligibility rules for nursing facilities and MI Choice. Part II covers Medicaid planning, the application process and common errors to avoid.
- **MEDICARE UPDATE**  
Jo Murphy, BSW, MMAP, Inc  
Get the latest on Part D and Medicare Advantage

plans, enrollment time frames, and the changes and enhancements coming in 2009-2010.

- PERSON-CENTERED INFORMATION & ASSISTANCE  
Lauren Swanson, MA, and Wendi Middleton, BS, Office of Services to the Aging  
Becky Tyler, I&A Supervisor, Area Agency on Aging I-B  
This workshop will critique current I&A service models and explain how person-centered thinking leads to new ways of delivering I&A services.

Friday, May 22

8:00-9:00 am Registration & continental breakfast

9:00-10:30 am Opening Session in Big Ten A&B

**FULFILLING THE PROMISE: PROJECT 2020**

Sandy Markwood, MPA, National Association of AAAs

The Older Americans Act is modernized and the aging network is on the move. The network will take a giant leap forward with Project 2020, a campaign to boost resources for consumer information, health promotion and long term care options. Learn how you can help.

11:00-12:30 pm Workshops

- PERSON-CENTERED CAPACITIES FOR CARE MANAGERS

Carol Barrett, PhD, So What Evaluation

Wendi Middleton, BS, and Eric Berke, BSW, Office of Services to the Aging

Marcia Bondarenko, RN, Tri-County Office on Aging

Dawn Tyler, MA, Region IV Area Agency on Aging

Will discuss the core capacities needed for a person-centered approach and how care managers can move with change and embrace new ways of working with clients, shifting from power-over to power-with relationships.

- **USING APPRECIATIVE INQUIRY TO BUILD ON YOUR WORKPLACE'S STRENGTHS**  
 Maureen Sheahan, BA, and Cean Eppelheimer, BS, PHI  
 This workshop offers an approach to continuous improvement and culture change that draws out and builds upon individual and organizational strengths, and leads to higher levels of motivation and engagement so that change initiatives are more successful.
  
- **CULTURAL COMPETENCE WITH REFUGEES**  
 Judy Harris, St. Vincent Catholic Charities  
 Providers need to know the social, religious and cultural practices of refugee populations coming to Michigan. This workshop will highlight the Burmese, Iraqi and Somali cultures, featuring speakers from all three groups.
  
- **HOW TO START A PRODUCTIVE GROUP AND KEEP IT GOING**  
 Joan Ilardo, PhD, Michigan State University  
 With the current focus on partnerships, learn about the types of community partnerships, how to start one, who to invite and how to keep members involved. Sponsored by the Michigan Society of Gerontology.
  
- **DISABILITY & AGING NETWORK PARTNERSHIPS**  
 Kathy McGeathy, BA, The Disability Network  
 Terri Cady, AD, Disability Network of Mid-Michigan  
 Amy Maes, JD, Superior Alliance for Independent Living  
 This presentation will explore the roles and functions of Centers for Independent Living, how they compare with Area Agencies on Aging, discuss why collaboration is important, and give examples from across the state.

- **MEDICARE UPDATE (repeat)**  
Jo Murphy, BSW, MMAP, Inc  
Get the latest on Part D and Medicare Advantage plans, enrollment time frames, and the changes and enhancements coming in 2009-2010.

12:30-2:30 pm Presentation and Lunch (included)  
**NURSING HOME DIVERSION**

Wendi Middleton, BS, Bonnie Graham, MSW, &  
Eric Berke, BSW, Office of Services to the Aging  
Kathleen Kueppers, RN, Area Agency on Aging I-B  
Tom Czerwinski, MPA, Area Agency on Aging of West MI  
Karla Fales, BS, Region 3-B Area Agency on Aging  
Michigan was awarded a federal grant to boost the aging network's efforts in diverting people from nursing homes. This panel will explain outcomes to date, training efforts, and the revised policies, standards and protocols used in pilot sites. Will describe the new role of Independent Living Consultant, and an initiative to serve veterans.

2:30-4:00 pm Workshops

- **SELF-DIRECTION IN AGING CARE MANAGEMENT**  
Wendi Middleton, BS, Bonnie Graham, MSW, &  
Eric Berke, BSW, Office of Services to the Aging  
Pam McNab, MSW, Office of LTC Supports & Services  
Dawn Tyler, MA, Region IV Area Agency on Aging  
Will provide an update on the self-direction efforts being implemented in the aging network, including types of self-direction, barriers, and how care managers are involved.
- **WHAT IT COSTS TO RETIRE AND PAY FOR LONG TERM CARE**  
Kate White, BA, Elder Law of Michigan  
Participants will learn 1) basic facts about poverty among older Michiganians, 2) how to quantify the



costs of living in retirement, 3) how to promote economic security using the programs available.

- BUILDING CONSENSUS FOR QUALITY IMPROVEMENT (repeat)  
Maureen Sheahan, BA, and Cean Eppelheimer, BS, PHI  
Leaders have the best intentions when they introduce change to improve performance, but they frequently find a good bit of resistance. This workshop will demonstrate techniques to encourage and focus participation so employees and other stakeholders support change.
- ISSUES IN SERVING GLBT SENIORS (repeat)  
Keith Morris, JD, MPA, Elder Law of Michigan  
This session will explore the unique issues facing gay, lesbian, bisexual and transgender seniors that providers need to know.

Call Mary Ablan  
at (517) 886-1029  
for information about  
sponsor/exhibitor opportunities.

## WORKSHOP REGISTRATION

Please send this form with your conference registration.

### Thursday, May 21

#### Morning workshops:

- ☐ Developing a Person-Centered Approach
- ☐ Introduction to Death Review Boards
- ☐ Issues in Serving GLBT Seniors
- ☐ Medicaid Eligibility for Long Term Care—Part I
- ☐ Community Partnerships for Senior Health
- ☐ Michigan's Gatekeeper Program

#### Afternoon workshops:

- ☐ Developing a Person-Centered Approach (repeat)
- ☐ Locating Affordable and Accessible Housing
- ☐ Building Consensus for Quality Improvement
- ☐ Medicaid Eligibility for Long Term Care—Part II
- ☐ Medicare Update
- ☐ Person-Centered Information & Assistance

### Friday, May 22

#### Morning workshops:

- ☐ Person-Centered Capacities for Care Managers
- ☐ Using Appreciative Inquiry to Build on Your Workplace's Strengths
- ☐ Cultural Competence with Refugees
- ☐ How to Start a Productive Group and Keep It Going
- ☐ Disability & Aging Network Partnerships
- ☐ Medicare Update (repeat)

#### Afternoon workshops:

- ☐ Self-Direction in Aging Care Management
- ☐ What it Costs to Retire and Pay for Long Term Care
- ☐ Building Consensus for Quality Improvement (repeat)
- ☐ Issues in Serving GLBT Seniors (repeat)

## ADA ACCOMMODATIONS

If you require accommodations to permit your attendance or participation, please send a written request to Lynn Gustafson at the AAAAM office by April 20.

# CONFERENCE REGISTRATION

## 22nd ANNUAL CONFERENCE OF THE AREA AGENCIES ON AGING ASSOCIATION OF MICHIGAN

Call 1-800-875-5090 for a room reservation. A special \$94 single/  
double rate is available through April 20—mention our conference.

Name: \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Daytime phone: \_\_\_\_\_

Special dietary needs: \_\_\_\_\_

### **Earlybird Registration (deadline is April 27)**

Both days \_\_\_\_\_ \$220 (member & assoc. member)  
\_\_\_\_\_ \$260 (non-member)

One-day \_\_\_\_\_ \$120 (member & assoc. member)  
\_\_\_\_ May 21 or \_\_\_\_ May 22 \_\_\_\_\_ \$140 (non-member)

### **Registration after April 27**

Both days \_\_\_\_\_ \$260 (member & assoc. member)  
\_\_\_\_\_ \$300 (non-member)

One-day \_\_\_\_\_ \$160 (member & assoc. member)  
\_\_\_\_ May 21 or \_\_\_\_ May 22 \_\_\_\_\_ \$180 (non-member)

Return to: AAAAM  
6105 West St. Joseph, Suite 204  
Lansing, Michigan 48917  
Phone (517) 886-1029, fax (517) 886-1305

**Cancellation Policy:** The registration fee, minus a \$20 processing fee,  
will be refunded if the registration is cancelled by May 14. No refunds  
will be made after this date. Individuals who do not attend, but have  
registered without paying, will be billed \$80 per day to cover food costs  
incurred by their registration.



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